

Protect and Prevent **Infectious Respiratory Disease**

LOOK FOR SYMPTOMS

Fever $\geq 38^{\circ}\text{C}$ and a cough or breathing difficulties

ASK ABOUT TRAVEL (in the last ten days).

There are respiratory illnesses of concern in some countries

REPORT TRAVEL-ASSOCIATED RESPIRATORY DISEASE

to your Public Health Directorate

TAKE PRECAUTIONS to minimize the spread of the infection

- **USE** appropriate Personal Protective Equipment (PPE)
- **KNOW** how to correctly fit and remove PPE

- **ASK** the patient to wear a surgical mask

- **ASK** the patient to cough/sneeze into a tissue and then to wash their hands afterwards with soap/water or use an alcohol-based rub

- **USE** and know how to correctly fit and remove appropriate Personal Protective Equipment (PPE)

- **WASH** hands with soap and warm water; or

- **CLEAN** with an alcohol-based rub

REMEMBER: HANDWASHING IS THE MOST IMPORTANT MEASURE TO PREVENT THE SPREAD OF INFECTION

Disease Control Section
Public Health Directorate

A poster for health care workers "information on respiratory hygiene and infection control"